

## Encourage your family members to...



### All households

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- Clean hands at the door and at regular intervals.
- Create habits and reminders to avoid touching their face cover coughs sneezes.
- Disinfect surfaces like doorknobs, tables, and handrails regularly.
- Increase ventilation by opening windows or adjusting air conditioning.



### Households with vulnerable seniors or those with significant underlying conditions

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*Significant underlying conditions include heart, lung, kidney disease; diabetes; and conditions that suppress the immune system.*

- Have the healthy people in the household conduct themselves as if they were a significant risk to the person with underlying conditions. For example, wash hands frequently before interacting with the person, such as by feeding or caring for the person.
- If possible, provide a protected space for vulnerable household members.
- Ensure all utensils and surfaces are cleaned regularly.



### Households with sick family members

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- Give sick members their own room if possible, and keep the door closed.
- Have only one family member care for them.
- Consider providing additional protections or more intensive care for household members over 65 years old or with underlying conditions.