



STRONG LEADERS COMPASSIONATE HEALERS

2022 NURSING ANNUAL REPORT



**CentraState
Healthcare System®**

ATLANTIC HEALTH SYSTEM PARTNER





Letter from Cathleen Janzekovich 2022

The nurses at CentraState are more than the backbone of our organization. They are strong leaders, compassionate healers, educators and mentors who care for our patients and community.

In 2022 we began moving out of the pandemic phase of COVID-19 that had challenged us professionally and personally for two years. We are re-building and looking to the future, finding ways to re-align, support and reinvigorate our nursing team members.

One of our biggest challenges has been in maintaining and building our workforce in a highly competitive labor market. Toward that end, we have instituted a number of initiatives to retain our current team members while effectively recruiting nursing talent. We hired a nursing workforce coordinator to be the eyes and ears of our nurses, looking for ways to enhance nursing roles at CentraState, acclimating new hires to the organization and building cohesive teams across our units. CentraState focused on being the healthcare employer of choice, providing competitive rates and bonus opportunities to nurses as well as a variety of educational opportunities.

In addition to our focus on people, we increased usage of innovative technologies such as our Telesitter program that allows us to view patients remotely who may be at risk of falling. We trained on and launched the Epic electronic health record, bringing a new level of care coordination throughout the organization. And we conducted research in the areas of breast cancer, prostate cancer, multiple sclerosis and incivility in the workplace.

CentraState is an amazing organization, providing us with opportunities to serve patients while developing professionally, highlighted in this annual report.

The collaboration we have with our physicians, technicians, interdisciplinary departments and others is key to our excellent patient outcomes for which the nursing department and I am very appreciative of. I am proud to serve our community with an extraordinary team of professional nurses, and thank each of you for your many talents and dedication to patient care.



The Epic Adventure Continues

The past year's preparatory work of CentraState's nursing team paid off with a successful go-live of Epic, the hospital's new electronic health record this past March. Many clinical nurses received additional training to be "Super-Users", which enabled them to provide support to their coworkers during and after the go-live. Several nurses working in CentraState's Information Technology department facilitated communication between the clinical staff, the super users, and the technical staff throughout the implementation process. Recognizing the value of this role to further empower nursing in the technical decision making process and improve communication, CentraState has created a new role of Informatics Nurse Specialist as part of the Nursing Department.

As part of the Atlantic Healthcare System (AHS), CentraState nurses take an active part in the system's Shared Governance process. This includes nursing participation at all levels, every step of the way. When changes are proposed from AHS, these requests are submitted to the CentraState Nursing Practice Council or the corresponding service line committee for review. The CentraState Nursing Practice Council and service line committees includes staff nurses, clinical leaders, nurse managers and nursing administrators. Once approved by the Practice Council or service line committees of all six hospitals at AHS, the requests are presented to the AHS Practice Council for final approval and then implemented.

Epic change requests originating from CentraState go through our local Shared Governance process prior to presenting to the AHS System Councils. Staff nurses are encouraged to bring their Epic ideas for improved workflow and patient care to their committees and councils or their managers. The recently established Nursing Informatics Committee is one such place where ideas may be freely shared and discussed. If approved by the committee or council, the nurse or manager completes the issue request form with details and images and presents it to the CentraState Nurse Management and Practice Council for final approval before being presented to the appropriate AHS Council. Once approved by all six hospitals at AHS, the request is presented by CentraState nursing staff to the AHS Practice Council. The Shared Governance process has proven effective for our actively engaged nurses as evidenced by the successful implementation of the expanded use of the Deterioration Index to extended stay patients, a suggestion brought forth by a CentraState staff nurse, now in effect at CentraState and the Atlantic Healthcare System.

Laurie A. Huryk MSN, RN-BC, Informatics Nurse Specialist

Anna McSorley, MHA, BSN, RN, Director Information Technology



RN Residency Program and CentraState's Journey to CCNE

The RN residency program at CentraState prepares nurses for their dynamic role within the hospital setting. Consistent with our nursing mission and vision, the program provides essential healthcare knowledge, promotes enculturation, encourages retention, and supports positive patient outcomes. CentraState's RN residency program has been preparing the next generation of nurses since 2012, and has seen many positive changes over the years. However, 2022 proved to be an exceptional year with exciting changes to our program.

In 2022 the program was extended to a twelve-month program that immerses nurses with interactive learning experiences, case study analyses, return demonstrations, and games. Presentation topics focus on leadership building, shared governance, SBAR communication, pharmacology, pre-and post-operative care, life-threatening emergencies, and critical thinking, debriefing and reflective practice. To enhance learning, off-unit clinical experiences are incorporated where the nurses shadow our Respiratory Therapy and Wound Management Teams. RN residents are given an opportunity to shadow on a nursing unit or a department of interest. Participation in a shared governance meeting is also required.

The RN residents complete an evidence-based project focused on hospital quality indicators that is presented to nurse managers, nurse educators, and nurse executives and is displayed at CentraState's Annual Research Day.

In 2022, the designation of an official dedicated RN Residency Coordinator role was initiated, leading the way

to an academic partnership with Monmouth University, and the formation of the first RN Residency Advisory Committee. CentraState embarked on the Commission on Collegiate Nursing Education (CCNE) accreditation to gain recognition for the nurse residency program. The written document for submission was prepared in 2022 and CentraState will prepare for a visit from CCNE in 2023.

To ensure successful transition to independent practice, a dedicated RN educator role was implemented to follow the RN residents throughout their respective units, and provide an additional resource and support, particularly for those on the off-shift. Other changes included implementation of standardized orientation progress reports with a structured process to assess transition; a restructured preceptor program; and the institution of a preceptor policy.

Our spring 2022 RN program consisted of 31 RN Residents, who are successfully working on various nursing units throughout the hospital. The fall class 2022 had 27 residents. The residents receive program completion certificates, and awards are presented for nursing skills, teamwork, and leadership. We are so very proud of all of our RN residents, and look forward to establishing a CCNE accredited program moving forward in 2023!

Rosanne Wike MSN, MEDSURG-BC

Jennifer Ochs BSN, RN-SCRN



Central Jersey Wound & Edema Treatment Center Receives Accreditation

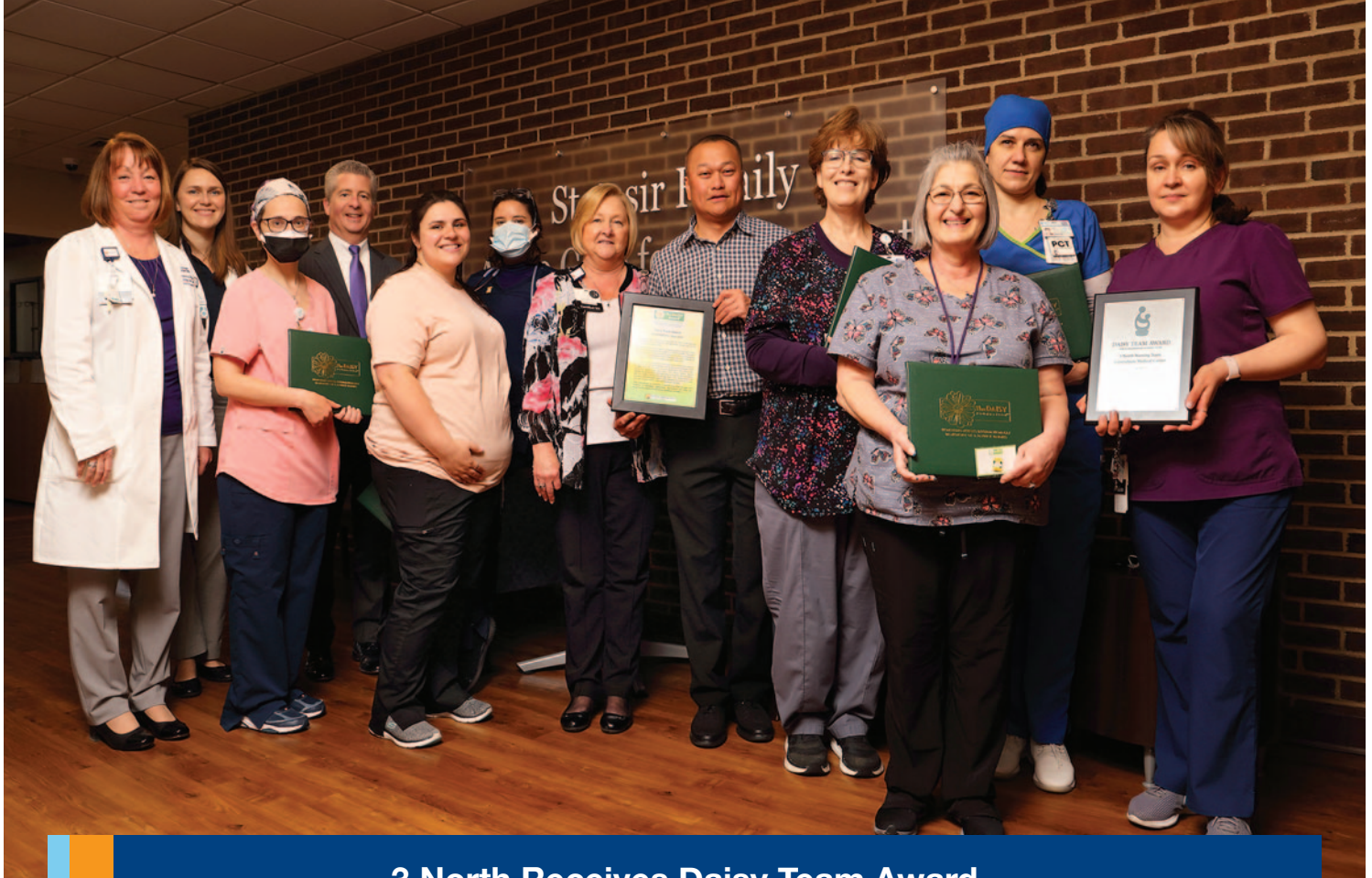
The Central Jersey Wound & Edema Treatment Center provides clinical management to patients with chronic wounds greater than three weeks old. The approach to care is multi-disciplinary including RN's, NP and providers who specialize in the management of wounds. RN's and NP are wound certified through the American Academy of Wound Management and provide wound care inclusive of advanced wound care dressings, local debridement, mist therapy, multi-layer wraps, skin substitutes and lymphedema management.

Wound care patients discharged from CentraState Medical Center's inpatient wound program are able to follow up at the outpatient center, providing a seamless transition of care.

The Wound Center relocated to a new facility near the Medical Center, with an increased number of treatment rooms as well as added lymphedema therapists. Patients are case managed under the direction of the RNs and providers.

In April 2022, the Center was awarded the Joint Commission disease specific accreditation for the fourth time. This recognizes the Center's commitment of caring for wound care clients with the most current treatment modalities.

Diane Yacono APN-C, CWS, Nurse Manager/Nurse Practitioner



3 North Receives Daisy Team Award

The DAISY Team Award is designed to honor collaboration by two or more people, led by a nurse, who identify and meet patient and/or patient family needs by going above and beyond the traditional role of Nursing". The 3 North Nursing Team was recognized for their continuing and extraordinary care, compassion, and dedication to the lives of the patients they provide care for.

This team was the first nursing unit to be dedicated to caring for Covid 19 patients at the start of the pandemic in March of 2020. Two years later, this unit still cares for Covid 19 patients and they are unwavering in the care. Despite the challenges of Covid 19, this team continues to have high patient satisfaction scores and quality outcomes.

They continue to provide exceptional care demonstrating compassion, empathy, and excellence in nursing. The team includes registered nurses, patient care technicians, health unit coordinators, and clinical leaders, bound together by the pandemic and continuing to persevere this challenging time to emerge a unified and stronger team. Their demonstration of teamwork and dedication inspires

and embodies the heart of nursing and what it means to be a nurse and healthcare provider.

Their commitment to excellence in patient care, their courage, and resilience is admirable, appreciated, and inspirational and they are recognized as a team of extraordinary healthcare providers.

3 North was the first nursing unit to be recognized with the Daisy Team Award at CentraState Medical Center. The staff of 3 North were proud and touched to receive the award. Some comments from the staff included; "I didn't realize that the Daisy Award could be given to a group of hard working men and women in health care". "It's nice to be the first TEAM to receive it at CentraState Medical Center". "I wear the DAISY PIN PROUDLY".

Congratulations again to the 3 North Nursing Team!

Dawn Kline, BSN, RNC-LRN, DHA, Executive Director
Maternal Child Health & Nursing Administration

Hazen Yu, MBA, BSN, RN, Nurse Manager, 3 North



A Celebration of Life - Live Butterfly Release Fundraiser

Throughout time, life and death are experienced differently among cultures, religions, and individuals. Sometimes there are specific symbols that hold meaning and value to those experiencing loss and grief. Butterflies are beautiful creatures that undergo metamorphosis. From a caterpillar to its colorful winged form they are majestic and symbolic.

Over the past two years many people have lost patients, friends, and family members. In memory of those lost and in celebration of their lives, 3 East Oncology has organized a Butterfly Release Fundraiser. The program raised funds for the Leukemia and Lymphoma Society. Over 100 butterflies were purchased and released on Wednesday September 28th at 3pm Outside the Liberty Café. As we watched the butterflies spread their wings above us, thoughts of our loved ones filled our hearts and minds. For us, it is symbolic of resilience, endurance, rebirth, hope, and life.

Marlee Schwalm, BSN, BS, RN, Clinical Nurse, 3 East Oncology

Karen Aquino-Lopez, RN, Chare Nurse, 3 East Oncology



Hyperthermic Intra-peritoneal Chemotherapy (HIPEC)

Hyperthermic Intra-peritoneal Chemotherapy (HIPEC) is an advanced, two-phase surgery that combines tumor removal surgery with a heated, concentrated chemotherapy treatment that is delivered directly to the abdomen during surgery.

Unlike systemic chemotherapy delivery, which circulates throughout the body, HIPEC delivers chemotherapy directly to cancer cells in the abdomen, allowing for higher doses of chemotherapy treatment. The solution is heated, which may also improve the absorption of chemotherapy drugs by tumors and destroy microscopic cancer cells that remain in the abdomen after surgery. HIPEC is typically only available in high-volume, metropolitan cancer centers, and CentraState is one of just a few hospitals in New Jersey to offer this treatment.

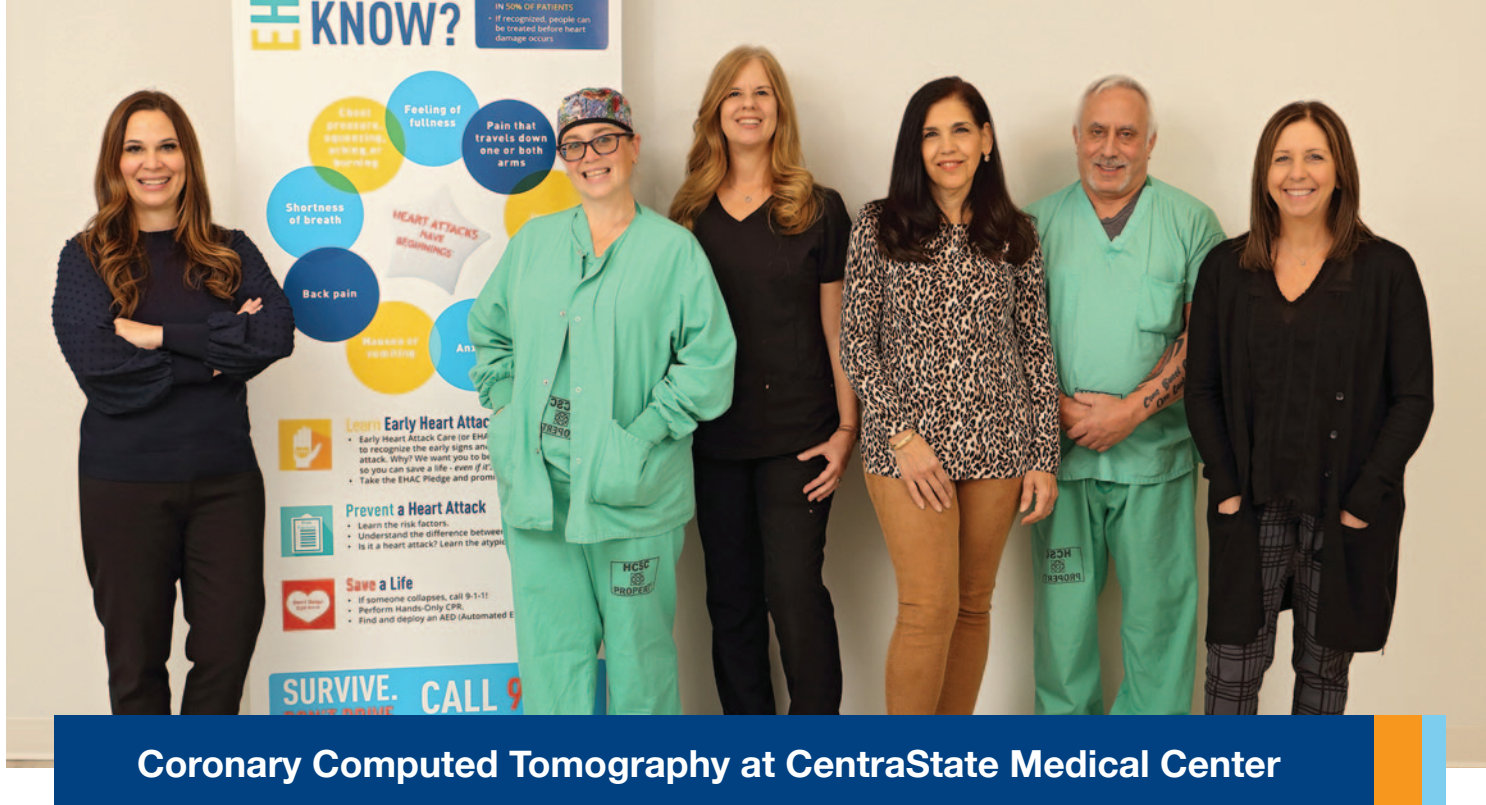
Performing a HIPEC procedure requires a team to manage the complexities of the surgery, along with the chemotherapy requirements. The chemotherapy certified nurse or specially trained nurse will reinforce patient education regarding the procedure and the need for safe handling of body fluids for 48 hours post procedure. The circulating nurse will confirm the Perfusionist is on site and confirm all necessary supplies and sterile disposables for the HIPEC machine. When the surgeon determines the HIPEC procedure will be performed; a chemotherapy certified nurse or specially trained nurse will be called to “release” the chemotherapy drug to be prepared by pharmacy. This is performed after reviewing the order, verifying 5 rights of medication administration, reviewing

chemotherapy consent, ensuring current height and weight are recorded and verifying pre-operative labs have been completed. Once the order is “released” the pharmacy will complete their independent double checks. The chemotherapy is then prepared by the pharmacy, transported safely to the operating room, ordered and administered by a chemotherapy credentialed surgeon, and administered with the assistance of a chemotherapy-certified nurse or a specially trained nurse. Following the procedure, the patient is managed by the Critical Care team.

CentraStates’ first HIPEC procedure patient was moved from the operating room to the critical care unit on a ventilator and successfully extubated within 24 hours of the procedure. The patient was assisted out of bed to a chair and working with physical therapy within twenty-four hours after extubating.

With HIPEC procedures fairly new for many of our staff members, all received education and were prepared to deliver the best care possible. The team was happy to participate in this procedure and was pleased with the successful outcome. HIPEC can be an incredibly successful procedure for the right cancer patient. With a strong, multi-disciplinary, collaborative team effort, solutions can be built for the most complex of problems.

Elana Joyce, ANP-BC, NE-BC, Executive Director,
Medical Surgical Nursing



Coronary Computed Tomography at CentraState Medical Center

CentraState Medical Center's Cardiology department nurses are always looking at ways to improve the care of our cardiology patients. In 2021, the American College of Cardiology published new guidelines for the evaluation and diagnosis of Chest pain patients. Coronary computed tomography (CCTA) became a class 1A indication to evaluate patients with suspected coronary artery disease. In November 2021, our team began discussing the new guidelines, gaps in our current care and identified that coronary computed tomography (CCTA) was only offered as an outpatient service at CentraState Medical Center. We noted that the new guidelines focused on using different testing modalities such as a nuclear stress testing vs. CCTA based on the risk stratification of a patients, age, and history of coronary artery disease.

Both the Chief Medical Officer and Chief Executive Officer were supportive of the plan to implementing CCTA for inpatients, observational medicine and the Emergency Department. The benefits identified were rapid diagnosis of coronary artery disease for patients presenting with chest pain, emergency room throughput and discharge.

The team identified several key strategies before implementing the changes. The cardiology nursing team focused on the importance of moving nuclear medicine testing to CCTAs based on clinical factors and age using the best practice algorithm in the guidelines. We met with the Director of Radiology to determine resources such as equipment, space for patients, physician availability to read studies and nursing staff and they agreed to help with the CCTA readings based on a pilot program. Next,

the Cardiology nursing team had to gain buy in from team members. Finally, the team met with Professional Development for support with house wide nursing education.

In January 2022, the Cardiology Clinical Coordinator and Service Line Director met to finalize the nursing education and order sets. In February 2022, the team met with Professional Development to finalize the education plan for the registered nurses. The education plan was to roll out education modules on the learning management systems and conduct in person learning opportunities. The Cardiology team collaborated with the emergency department team, radiology team and the units to make this a successfully go live for CCTA. During the implementation phase, the cardiology RN's provided support to the registered nurses by assisting with IV insertions, beta blocker medication management and patient education. In March 2022, the Service Line Director presented the CCTA program to the cardiology section which was successful. The cardiologists were excited to have a well-defined program with cardiology nursing support.

In conclusion, our baseline volume was zero and to date CentraState Medical Center has performed 52 CCTAs. This translates to patients receiving innovative guideline care to for rapid diagnosis of coronary artery disease. Next steps are to measure throughput and time to diagnosis and discharge as compared to other imaging.

Amy Quinlan, DNP, MBA, APN, RCIS, CCRN,
Cardiovascular Service Line Director



CSMC Focuses on Retention

The fast evolving nature of the COVID-19 pandemic, especially early on, created unprecedented stress on hospitals, including enormous staffing challenges. At CentraState, the Business Manager of Nursing role has evolved to include securing an adequate contingent workforce, maintaining contracts, and acting as liaison between CentraState and our agency provider. In order to strike a balance in agency staffing, it requires constant review of hospital census, surge planning, and a review of the workforce deficit.

As we transitioned out of the crisis phase of the COVID-19 pandemic, the nursing profession in general has seen an increase in turnover rate and faced a serious staffing shortage. CentraState Medical Center has been affected by these staffing challenges and has had an ongoing reliance on contingent workers, also known as agency staff. To address this problem, CSMC leadership has created an extensive staffing and workforce plan. CSMC has taken many proactive steps to recruit and retain their skilled, invaluable workforce, including team member raises, retention bonuses, increased certification pay and enhanced preceptor pay.

This year saw the creation of a new role, the Nursing Workforce Coordinator, focused on recruitment, retention and staff growth within the nursing department. This position was filled by a staff member who previously worked as an Emergency Department nurse and educator in Professional Development. The role focuses on initiatives to make CSMC the best place to work for nursing staff. These include the Nursing Professional Growth Fair in August, the Lunch with the CNO program, a revamping of the nurse mentorship program and the creation of the Nursing Succession Planning Fellowship. A dashboard was created to track all vacancies and turnover within the nursing department to aid in monitoring potential problems in the workforce.

Another critical component to workforce planning is an inter-disciplinary meeting that includes Human Resources, Professional Development and Nursing Administration covering topics such as recruitment, retention, and staff engagement. They are always working towards reducing the contingent workforce dependency, and the combination of the Business Manager of Nursing and the Nursing Workforce Coordinator roles allows us to more accurately predict and analyze our changing workforce.

Jeffery Booth, MBA, BSN, BSBA, RN, CPHQ, Business Manager of Nursing

Margaret Kurczeski, MSN, RN, CEN, Nursing Workforce Coordinator



The Phillips IntelliSpace Improves Fetal Monitoring

Fetal monitoring during labor is important to providing quality care. This year the Labor Delivery Recovery Postpartum (LDRP) department implemented Philips IntelliSpace Perinatal, a fetal monitoring system that provides critical data on both mother and baby while also linking to the EPIC electronic health record.

Display of the status of the mother and fetus provides the foundation for the maternal and fetal record. This record is updated with data from physiological monitors. The two monitors at the bedside provide STORK access including a summary of prenatal, obstetric, and medical history as well as fetal status information and recent labs. In addition, the second screen displays the labor curve and fetal heart rate.

The new system allows the team to safely monitor the patient and baby at all times, especially during ambulation occurring in early labor that allows for labor progression. This increased mobility assists in the labor process for the patient and provides non-pharmacological pain relief. The new fetal monitor transducers also allow the patient to shower while being monitored, which was not an option with the previous fetal monitors. The new technology integrates with EPIC, improving documentation, providing data in real time, and improving the care and experience for mother and baby.

Dawn Kline, BSN, RNC-LRN, DHA, Executive Director Maternal Child Health & Nursing Administration

Gabrielle Hallbauer, MSN, RN, RNC, Clinical Leader, Maternal Child Health



Nurses Impacting Civility

The Civility Task Force at CentraState started in June 2022 representing clinical and administrative departments throughout the hospital. The mission of the task force is to serve as a forum for nurses and interdisciplinary team members to address issues of incivility among team members at CentraState Medical Center. The purpose of this team is to identify issues regarding incivility, and implement action plans to address said issues. The work product resulting from this team will serve to make the workplace an environment one of mutual respect and support. Such an environment will allow nurses and other members of the team to deliver quality care in an environment that fosters professional growth and development.

The impetus for the development of this task force came from participation in the International Magnet Conference in 2021. Our focus was on incivility amongst employees at CSMC. Research conducted by our Clinical Nurse Researcher found a high rate of incivility between preceptors and RN residents. This experience affected the residents' learning experience as well as their perspective of nursing. It was apparent that incivility was an issue at CSMC.

The Civility Task Force coincided with CSMC's attempts to address incivility between physicians and nurses. The RN-MD Collaborative Council was revitalized to address issues that had become pronounced due to the implementation of the EPIC documentation System. Members of the Civility Task Force sit on the RN-MD Collaborative Council and report back to the Civility Task Force. The team has begun to implement ways to facilitate and reinforce civility.

Each month a mantra is created to be shared on screen savers with reminders about civil behavior. We have also addressed phone etiquette issues and provided the staff with phone labels with a cue for answering. Plans for the future include role playing with staff on ways to handle conflict resolution.

Laurie Jaffe, BSN, BS, RN, CCRN, Nurse Manager, PACU

Tracy Lee, BSN, PCCN, RN-BC, Clinical Leader, 4 East Observation



Strides in Patient Experience

Patient Experience focuses on making meaningful connections with patients. Throughout 2022 many initiatives were implemented focusing on instilling best practices within our teams to enhance our patients' experiences.

In late 2021 and early 2022, nursing leadership began to receive weekly scorecards and unit based reports to create awareness of patient experience scores. One-on-one meetings are held quarterly with the nursing leaders to review their individual data and evaluate the effectiveness of new initiatives.

Leader rounding is directly linked to increased patient experience scores because the nurse leaders develop relationships with the patients, which we initiated on the first quarter of 2022. Through rounding, difficult situations or unhappy patients are quickly identified and circumstances remedied.

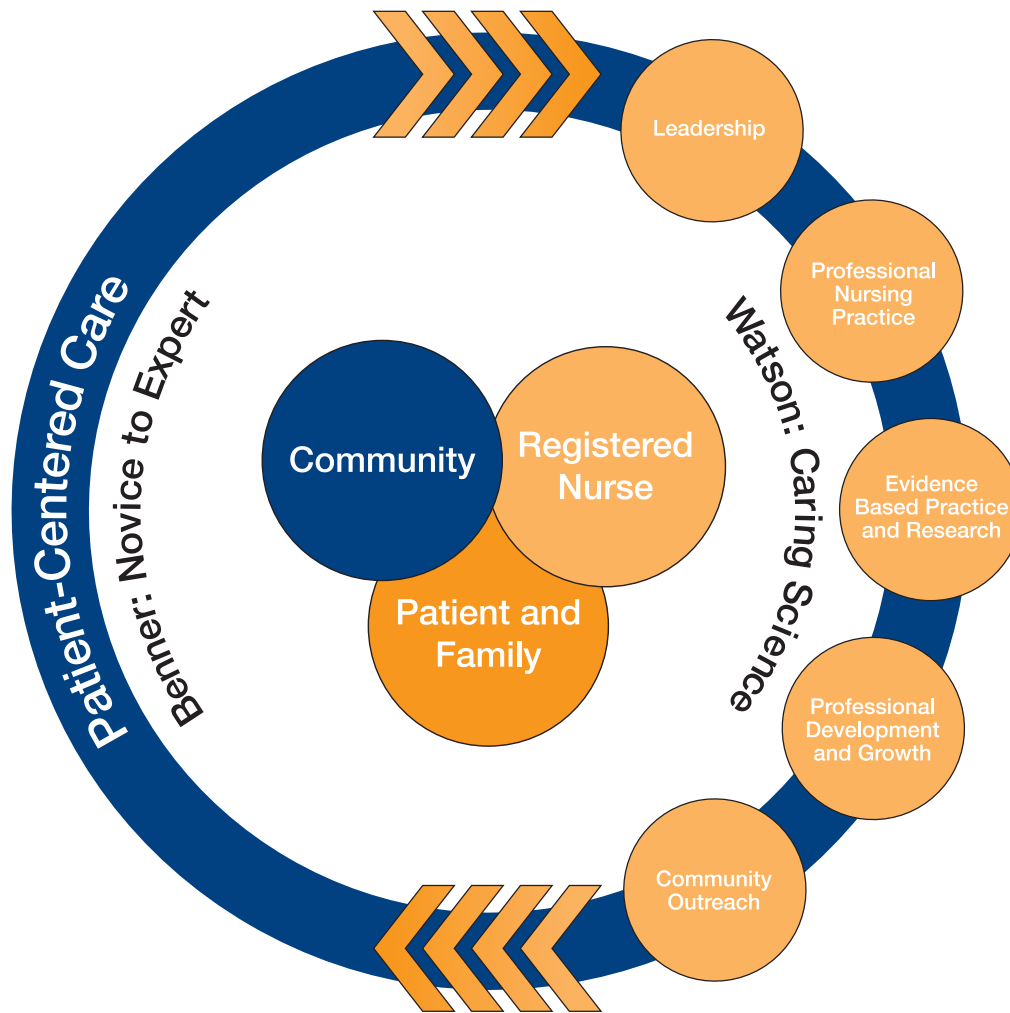
Compassionate Connected Care is a Press Ganey curriculum that we implemented for three months to provide education to 1,400 team members regarding best practices for patient experience. The curriculum consists of five one-hour classes taught by CentraState Staff after two days of training by Press Ganey. We continued to educate our staff with classes that concluded in the fall of 2023.

The Patient and Family Advisory Council (PFAC), consisting of both past patients and family members, met for the first time since COVID in the spring of 2022. They provide feedback and suggestions on their own experiences at CentraState as well as to provide information on our community reputation. The information from this group, as well as other data, helps us develop initiatives to positively impact the patient experience.

The patient experience director and supervisor participated in Nursing Skills Day and will continue to do so to facilitate discussions with each member of the nursing team regarding patient experience skills. The director of patient experience presented to the nursing externs and residents, and a patient experience carnival was held using games to explain six of the best practices for staff to use. In addition, patient medication cards were created for education and a quietness campaign was implemented to ensure that our hospital environment is conducive to healing.

Patients are the reason we are here, and a positive patient experience is the responsibility of every team member. Our goal is to provide the best experience to all patients and make sure that our teams are provided the tools and education to make meaningful connections with patients every day.

Tracey B. Deaner, MSN, RN, NEA-BC, CPXP, Director, Patient/Resident Experience

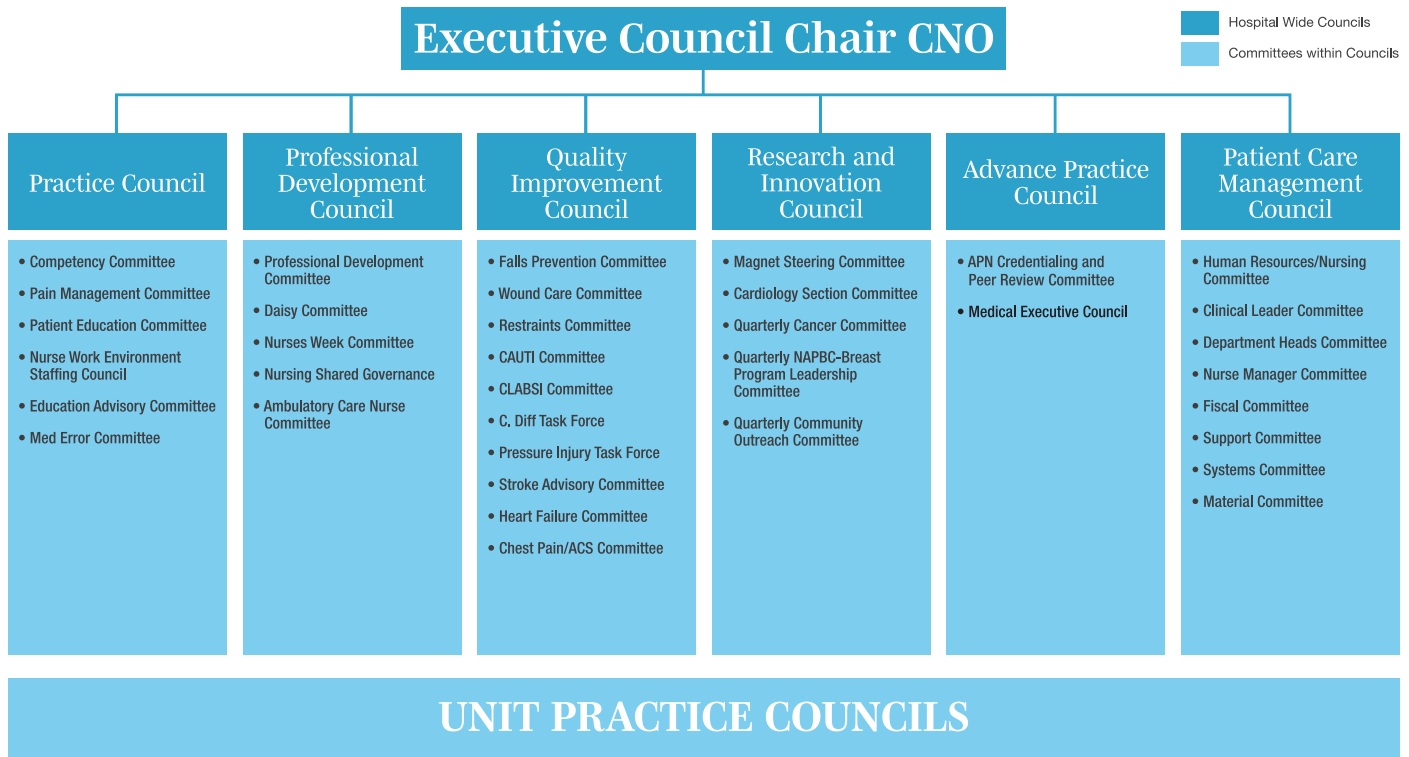


The CentraState Professional Practice Model (PPM) demonstrates how nurses provide the highest quality care for our patients, families, and communities. The model highlights how nurses practice, collaborate, communicate, and develop clinically and professionally, blending attributes from Jean Watson's Caring Science Theory and Patricia Benner's Novice to Expert Theory.

The Professional Development Council and Nursing Management Council reviewed the PPM in 2022 to ensure it meets the Department of Nursing's Mission, Vision, and Philosophy. A re-design of the PPM was completed to blend the old model which consisted of three separate models to align its core goals. This re-design was voted on and approved in January 2022 and will be evaluated on an annual basis going forward.

The Registered Nurse, Patient, and Family and Community elements are overlapped to achieve Patient Centered Care. Patient Centered Care means that the patient and family are at the center of all nursing decisions and actions. Patient care assignments are made according to the severity of each patient's condition and the complexity of nursing care required, giving individualized patient care and includes educating the patient and family about care requirements after discharge. No matter what the clinical specialty, our patients and families are the focus of each nursing unit and area of practice. The outer circle represents the care delivery system and depicts how the RN achieves Patient Centered Care. Service excellence is integral to the vision, mission, and values of CentraState Medical Center as well as the nurse's commitment to redefine patient and family care.

Shared Governance at CentraState Medical Center (CSMC)



Shared governance consists of a collaborative focus from the administrative team to clinical nurses providing care at the patient's bedside. This shifts the focus from top-down decision making and is significant to nursing practice, improving patient outcomes, nursing satisfaction, succession planning and growth, retention, and relationships among peers.

In January 2022, CSMC adapted a new shared governance structure that formalized our governance and identifies six core councils reporting to the Executive Council. This structure ensures that all council work is disseminated at one central governing council and each core council has several committees identified as similar in focus of the core council. Each nursing unit has developed or re-vamped a unit practice council and when appropriate, topics are brought to committees and councils for approval. Members of the committees and councils include clinical nurses, professional development, and nursing leadership.

In 2022, councils completed the following:

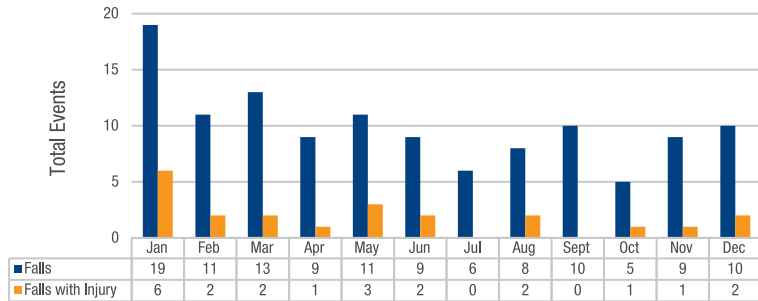
- Development of Council by-laws
- Meeting days to "Council Thursday", where all councils meet on the 2nd Thursday of the month
- Communication of council updates via Message Maps
- Completion of Shared Governance Orientation
- Implementation of Robert's Rules

This standardized approach to council management ensures all councils are working structurally similar and communication of council work is disseminated to our nurses at CSMC. For more information regarding joining a council or committee, contact Ashley Mackiel, RN, MSN, Nursing Programs Director, for more information.

Ashley Mackiel, RN, MSN, Nursing Programs Director

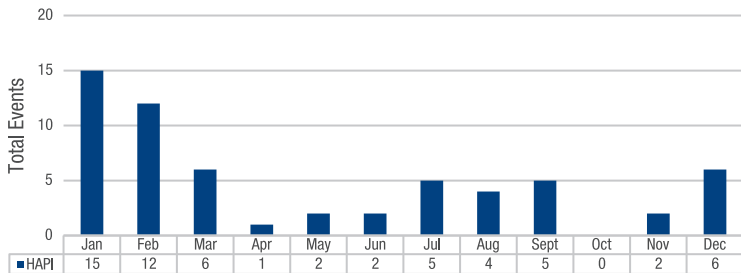
Nurse-sensitive Clinical Quality Indicators

Inpatient Falls and Falls with Injury



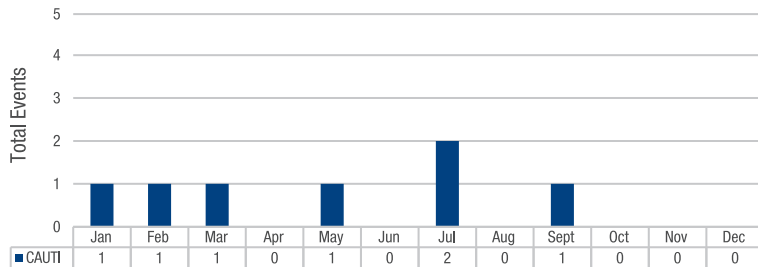
14% reduction in falls and 19% reduction in falls with injury compared to 2021. 120 falls and 23 falls with injury in 2022 compared to 138 falls and 27 falls with injury in 2021.

Hospital Acquired Pressure Injury (HAPI)



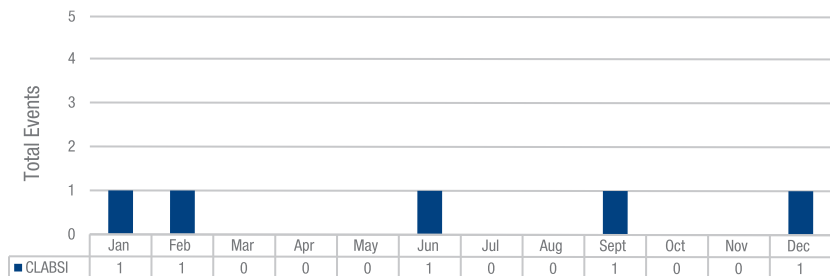
71% reduction in HAPI compared to 2021. 60 total HAPI in 2022 compared to 202 HAPI in 2021.

Catheter-associated Urinary Tract Infections (CAUTI)



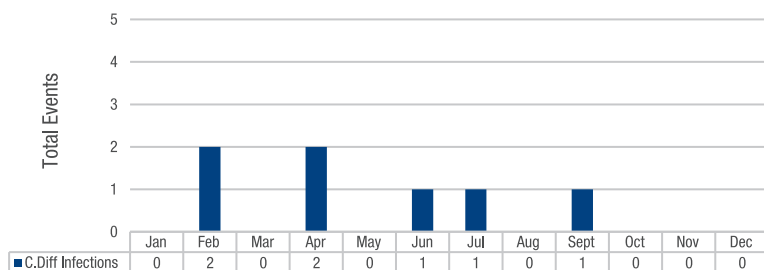
30% reduction in CAUTI compared to 2021. 7 total CAUTI in 2022 compared to 10 CAUTI in 2021.

Central Line-associated Blood Stream Infections (CLABSI)

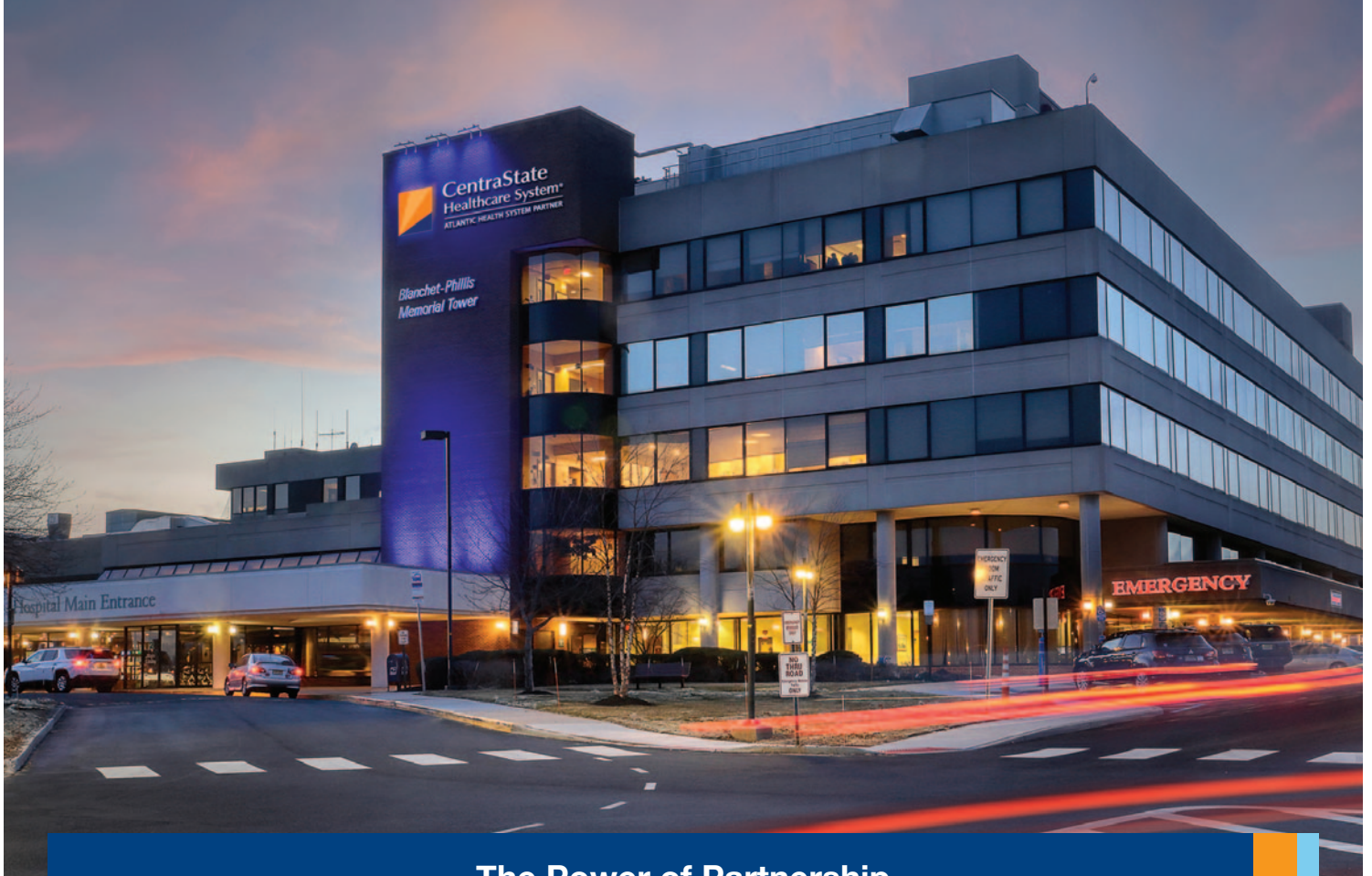


17% reduction in CLABSI compared to 2021. 5 total CLABSI in 2022 compared to 6 CLABSI in 2021.

C.Difficile Infections (C. Diff)



54% reduction in C.Diff compared to 2021. 7 total C.Diff Infections in 2022 compared to 15 C.Diff Infections in 2021



The Power of Partnership

CentraState's expanded partnership with Atlantic Health System (AHS) is designed to improve the health of residents across the region and will strengthen its partnerships with patients, physicians, nurses, employees, and the community. Following approval from state and federal regulators, CentraState and AHS entered into a unique model for health system co-ownership marked by a signing ceremony held on December 8, 2021. The new partnership officially took effect on January 1, 2022.

The co-membership agreement makes AHS the majority corporate member in CentraState and allows CentraState to join the AHS network of care. The partnership has delivered immediate benefits to patients, physicians, nurses, and caregivers in CentraState's communities by strengthening its integrated clinical services and infrastructure through a capital investment.

The new model for partnership provides CentraState with significant resources to support its longstanding community focus while advancing the AHS mission to touch more lives in New Jersey through collaborations for high-quality, value-based care.



Telesitter

Each year, approximately 700,000 – 1,000,000 falls occur within the hospital setting, making falls one of the leading causes of injury and death in older adults. Falls that cause injury can increase healthcare costs resulting in a longer length of stay, higher utilization of resources, and increased morbidity and mortality rates.

We reviewed literature in search of evidence-based, best practices on fall prevention and a remote, video monitoring system demonstrated positive outcomes in preventing falls and was proposed. With a collaborative effort between Nursing and Information Technology, CentraState Healthcare System developed a custom-built mobile camera solution. This remote video monitoring system consists of a two-way voice and alarm-capable cameras to reduce inpatient falls. Twelve portable units are now available for use throughout the hospital. An inpatient falls data dashboard was also created as a means of collecting and presenting meaningful data and data abstraction occurs monthly and is presented at our Falls Committee so they can make data-driven decisions and strategies.

In September, 2019, our remote video monitoring system was implemented. A policy was created addressing inclusion/exclusion criteria, documentation, discontinuation, cleaning and storage, and patient/family education. In December 2019, the project was featured in Checkup, a publication for CentraState Healthcare System for employees, physicians, and volunteers.

Prior to implementation in 2019, our fall rate was 2.7 (164 falls). In 2020, our fall rate reduced to 2.3 (131 falls) resulting in a 20 percent reduction in falls and this trend continued in 2021, with the fall rate declining to 2.2. In February 2022, 12 additional remote video monitors were added. An office was added to provide privacy and conducive working environments for the technicians who watch the monitors. Reducing inpatient hospital falls by using a remote video monitoring system has shown to be successful sustainability of this positive outcome is critical. Continual monitoring and oversight of our inpatient hospital falls data dashboard through the Fall Prevention Committee will be key to any practice change success.

Elana Joyce, ANP-BC, NE-BC, Executive Director, Medical Surgical Nursing

Jeffery Booth, MBA, RN, CPHQ, Business Manager of Nursing

Active Nursing Studies

Date Approved	Review Type	Principal Investigator	Title	Date Completed
5/10/19	Full IRB Review	Jayne Craig, PhD, RN	"A Psychological Approach to Increase Hand Hygiene"	3/30/20
8/12/19	Full IRB Review	Diane Yacono, APN	"Experience of Patients with Lower Limb Edema Wearing Compression Garments"	7/20/20
12/8/19	Full IRB Review	Jayne Craig, PhD, RN	"Incivility: The Lived Experience of Employees at CentraState Medical Center"	4/1/20
5/10/19	Expedited	Jayne Craig, PhD, RN	"Accurate Measurement of Hand Soap in CCU and 4E Neuro Units"	3/1/20
1/25/20	Full IRB Review	Lita Richards, NP, FNP, MSN, RN	"The Effect of an Educational Program on Sepsis Intervention Beliefs and Intent in Medical Surgical RNs in an Acute Setting"	6/1/20
2/14/20	Full IRB Review	Ariel Furlong, MS, RN	"Improving Emergency Department Throughput Through a Standing Order For Patients with Chest Pain as a Chief Complaint"	2/1/22
11/29/21	Full IRB Review	Jayne Craig, PhD, RN	"Human Relations: The Nurse Resident and Their New Colleagues"	4/1/22
1/28/22	Exempt	Jayne Craig, PhD, RN	"Factors Determining Breast Health Compliance During a Global Pandemic: Experiences of a Community Hospital's Female Employees"	5/1/22

2022 Nursing Excellence Awards

Danielle Falzarano	Perioperative Award
Darice Kluxen	Critical Care/Emergency Department Award
Mychelle Lima	Maternal Child Health Services Award
Madelaine Tricarico	Extended Nursing Care Award
Alison Tripple	Medical Surgical Award
Rosanne Wike	Advanced Nursing Care Award

2022 Nursing Excellence Awards Runner-ups

Maeghan Adinolfi	Critical Care/Emergency Department Award
Lisa Floyd	Perioperative Award
Amy N'Doeke	Advanced Nursing Care Award
Agnieszka Ogrodnik	Medical Surgical Award

2022 Nursing Excellence Program

LEVEL I, Proficient

Debra Ayres
Alexa Besho
Marc Cadenelli
Nicole DelGiodice
Graziella DeVito
Marilyn Figueroa
Esther Gibaldi
Stephanie Guardino
Beatrice Lamore
Christina Liberston
Jennifer Lyons
Kaitlin McGowan
Monique Meagher
Kristen Mercier
Shaelyn O'Leary
Vivian Stanger
Jessica Villeza
Kelsie Whalen
Eleanor Wilton

Annabel Bacani
Eleonor Balmaceda
Patricia Barnosky
Bette Becker
Donna Betar
Adrienne Biunno
Juana Buergo
Helen Bueti
Maria Caleen
Sheila Carcellar
Alexandrina Ceausu
Lori Chavez
Debra Dafick
Meghan Daley
Lisa Davenport
Donna Deane
Meghan DeBoer
Jilliana Delgado
Amy Dixon
Donna Dolcemasclo
Yolanda Donahue
Tabitha Encarnacion
Kelsey Eugenio
Janine Eyd-Adonizio
Theresa Faiella
Danielle Falzarano
Lisa Floyd
Eva Germino
Beth Gutierrez
Recynthia Henderson Jones
Jenny Hulse
Tamara Knisley
Jena Kovacs
Marina Kovaleva
Angela Lee
Lauren Leimbach
Bobbie Jo Maganza
Crisann Maher
Melissa Mapa
Allison Marano
Michael Migliore
Allisson Murphy

Lisa Musante
Claudia Nogueira
Ana Nozadze
Amy Olsen
Laura Oreilly
Janice Perrone
Monique Raphael
Sabrina Reeves
LaQuetta Rogers
Esta Ross
Marlee Schwalm
Alexandra Silva
Lydia Sison
Nancy Skrobola
Gabrielle Spinelli
Allison Steinitz
Maribel Tablar
Courtney Thomaier
Diana Vilvert
Iryna Yukhman
Dorota Zielinski
Maria Zjawiony

Level II, Advanced

Alexis Archer
Madeline Barrale
Matthew Cleaver
Nilda Dacono
Ariana Gordon
Samantha Ho
Brittany Horan
Lauren Kolacki
Nicole Labianca-Roca
Gisselle Mealia
Michelle Mena
Piyusha Parekh
Cristina Rodriguez
Maureen Sidali
Jaclyn Tedesco
Allison Tripple

Kelsey Eugenio
Janine Eyd-Adonizio
Theresa Faiella
Danielle Falzarano
Lisa Floyd
Eva Germino
Beth Gutierrez
Recynthia Henderson Jones
Jenny Hulse
Tamara Knisley
Jena Kovacs
Marina Kovaleva
Angela Lee
Lauren Leimbach
Bobbie Jo Maganza
Crisann Maher
Melissa Mapa
Allison Marano
Michael Migliore
Allisson Murphy

Level IV, Mentor

German Butay
Leticia Butay
Jessica Denney
Jaymie Francisco
Cathy Glowzenski
Nicole Interrante
Maysouna (Maya) Jiries
Hannah Lidberg
Kelly McNulty
Karen Morgan
Lisa Morrell
Carole Reihing
Maria Louella Rowe
Lauren Scala
Larissa Scanlon
Greta Tedesco
Madelaine Tricarico
Denise Zolnowski

Level III, Expert

Jason Abo
Karen Aquino-Lopez

2022 Staff Accomplishments

Karen Aquino-Lopez, RN	Oncology	Promoted to Charge Nurse, September 2022
Debra Dafick, BSN, RN	LDRP	Promoted to Charge RN, January 2022
Ariel Furlong, DNP, BSN, RN	Emergency Department	Promoted to Clinical Leader, July 2022
Elana Joyce, MSN, RN, NE-BC, ANP-BC	Nursing Administration	Promoted to Executive Director Nursing Medical Surgical, June 2022
Margaret Kurczeski, MSN, RN, CEN	Professional Development	Promoted to Nursing Workforce Coordinator, March 2022
Nicole Lacson, BSN, BS, RN	Progressive Care Unit	Promoted to Clinical Leader, August 2022
Megan Lukens, BSN, RN, OCN	Oncology	Promoted to Clinical Leader, September 2022
Ashley Mackiel, MSN, RN	Nursing Administration	Promoted to Nursing Program Director, May 2022
Alexa Mallozi, BSN, RN	4 East Neuroscience	Promoted to Clinical Leader, October 2022
Terri Mcnamara, RN, MEDSURG-BC	Ambulatory Services	Promoted to Team Leader, July 2022
Michelle Mena, BSN, RN, MEDSURG-BC	Oncology	Promoted to Interim Nurse Manager, August 2022
Allison Murphy, RN, RNC-OB	LDRP	Promoted to Charge Nurse, January 2022
Lisa Musante, BSN, RN, RNC-OB, C-EFM	LDRP	Promoted to Charge Nurse, September 2022
Claudia Noguiera, RN, MEDSURG-BC	4 East Neuroscience	Promoted to Charge Nurse, March 2022
Daniel Nwaiwu, MSN, RN	4 East Neuroscience/ Total Joint Orthopedics	Promoted to Nurse Manager, August 2022
Belisha Romeo, MSN, RN	4 North Medical Surgical	Promoted to Nurse Manager, July 2022
Emily Rosenberger, BSN, RN, PMH-BC	Behavioral Health Unit	Promoted to Clinical Leader, May 2022
DawnMarie Rumovitz, MSN, RN, CIC	Infection Control	Promoted to Director Infection Control
Jenny Swing, MSN, RN	Critical Care Stepdown	Promoted to Clinical Educator, December 2022
Michelle Verona, BSN, RN, MEDSURG-BC, CEN	Emergency Department	Promoted to Clinical Leader, February 2022
Maya Washington, BSN, RN	Critical Care Stepdown	Daisy Award Recipient, November 2022
Dominique Wisnieswki, BSN, RN	4 East Neuro	Promoted to Clinical Leader, March 2022
3 North Daisy Team Award		TEAM AWARD

Orientation Modules

EMTALA (ED and OB only)
Organ and Tissue –Sharing Network
Cultural Diversity
Age Related Growth and Development
Safe Patient Handling
IV Therapy
Central Venous Access Device

Additional Education Modules

Acute Coronary Syndrome
Safe use of restraints
Chemotherapy and hazardous drugs: Safety and spill management
Catheter associated urinary tract infections
Levels of observation
Sensitivity: Bariatric patients
Assessment of suicide risk: C-SSRS
Suicide and self-harm: assessing and mitigating risk
Stroke; Patient Management
Nurse Inquisitor
Intra Aortic Balloon Pump
TR Band
STEMI
Heart Failure
Endocrine
LGBTQ+ & Stroke
STD & Congenital Syphilis Update for NJ Providers
Care for the Oncology Surgical Patient

Instructor Led Programs

Basic Cardiac Monitoring
Critical Care Course (online and simulation)
Preceptor Course
S.T.A.B.L.E.
Triage Course
RN Resident Program
Nurse Extern Program

Inservice/CH Programs

Urinary insertion simulation lab
Asexuality in Humans: Expanding the View of the Spectrum
Skills Day
Mentorship Program
Peritoneal Dialysis
Target Temperature Management
Simulation: Hemodynamic Monitoring

Pictured on front cover, left to right:

Megan Lukens, BSN, RN, OCN, Clinical Leader 3 East Oncology
Kelsey Eugenio, BSN, RN, Clinical Nurse, Operating Room
Amy Quinlan, DNP, MBA, ANP-BC, RN, CCRN, CVNS, Cardiac Service Line Director
Athena Farella, MSN, RN, CVN-BC, Cardiovascular Services Database and Quality Administrator



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