



Community Service Projects 2023

Thank you for considering a Community Service Project that will benefit our patients, residents, and staff at CentraState. There are a variety of opportunities for volunteers of any age to serve their community as well as accumulate Community Service Hours. Details for each project, including supplies, directions, guidelines, and requirements, are listed below. If requested, a certificate for Community Service Hours will be provided upon drop off as *proof of service hours*; letters are not provided. We appreciate your thoughtfulness and cooperation.

Donation Drop Off ~ Donations are by appointment only. Donations are accepted Tuesdays and Thursdays from 9am-11am or 1pm-3pm

Donation Appointment ~ 732-294-2622 or volunteer@centrastate.com

Project Ideas (See details below)

- **Comfort Items:** Hours Vary
- **Staff Motivation Snack Cart:** 1-3 Service Hours per Box/Bag of Multiple Snacks
- **Cards for Patients, Residents, and Staff:** See Below
- **Senior Resident Community Needs:** Various Project Options
- **At the time we *are not* accepting Books or Magazines**

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Comfort Items: Service Hours vary



Comfort Items for Patients

- Little items to help make a hospital stay more comfortable and homey

Comfort Items for Residents in our Senior Facilities

- Activities to keep residents engaged

Examples Include: *(Items must be brand new)*

- **3 Service Hours per 6 Items (not mini items):** puzzle books (word search/crosswords/Sudoku), playing cards, small notebooks, packets of mechanical pencils, coloring books for adults and children, packs of color pencils/crayons/washable markers, crafty items **you** create to brighten up a room, craft supplies & kits, stationery, packets of pens, sleep mask
- **Hours Vary for:** trivia books, small blankets (knitted/crochets, no-sew, purchased), travel pillows, lighting for depression, life-like dolls, robotic pets, hand-held video games, headphones, small pots of flowers, small puzzles/games that can be played individually, small/travel size games (Ex: Yahtzee)

Dollar Store/Amazon Gift Cards *greatly needed* to purchase additional items for patients. (12 Service Hours for \$25 increment)



Staff Motivation Snack Cart: 1-3 Service Hours per Box/Bag of Multiple Snacks

Snacks & Treats ~ Individually wrapped non-perishables (healthy or fun ☺)

- *Suggestion:* Do a penny war or change collection with friends and family. You can purchase items or gift cards and arrange for drop off or directly donate money to our COVID fund, designating it to staff support.
- *Packages of 12 items = 2 hr; 13-24 items = 4 hr; 24+ items = 5 hr*
- *Chocolate/candy:* 4 small bags or 1 med. Bag = 2 hr; 1 large bag = 3 hr



Cards for Patients/Residents/Staff: 2 Service Hrs for 20 Cards

Create cards for *birthdays, holidays, get well, thinking of you, thank you* (no glitter please)



- **Do Not** write your last name or any personal identifying information – just 1st name or group name or “*A Caring Community Member*”
- Another idea: *Color A Smile:* <http://colorasmile.org/>

Senior Resident Community Needs

Our residents at *The Manor Health and Rehabilitation Center, Monmouth Crossing, and Applewood* appreciate various items to help brighten their day. (All items/supplies must be **new**).

- **Blankets, Throws, or Shawls**

Knit/crochet a blanket or create *no-sew* fleece blankets

- Handmade, no-sew fleece blankets: **6 Service Hours each**
 - Ex: <https://www.instructables.com/id/No-Sew-Fleece-Blanket-1/>
- Purchased blanket: 2 Service Hours

- **Wheelchair/Walker Bags: 6 Service Hours per bag**

Create a bag that can be tied onto back of wheelchair/front of walker

- Bag may have 1-pocket or multiple pockets
(Avg: 15”-18” width x 12”-15” height)
 - Various patterns on line
 - Ex: <http://www.sewing.org/html/wheelchair.html>
 - Ensure all materials are securely attached

