

2023

SYSTEM

ACCOMPLISHMENTS



CentraState
Healthcare System[®]

ATLANTIC HEALTH SYSTEM PARTNER

GROWTH

- Increased cardiovascular cases 76% over 2022 with continued growth of cardiology service line and approval to perform Elective PCI.
- Created a vascular medicine program and performed our first Transcarotid Artery Revascularization.
- Established new endocrine surgical practice in Englishtown.
- Partnered with Endocrinology Associates of Princeton, one of the largest endocrine groups in the state.
- Opened CentraState Health Pavilion at Jackson, offering primary care, physical therapy, and laboratory services.
- Installed a ZeroG gait and balance system – one of only six units in New Jersey – to protect patients from falls.
- Placed primary care physicians at Immediate Care locations in Toms River and Red Bank.
- Implemented Mako SmartRobotics for knee/hip replacement.
- Recruited high-profile specialists in:
 - Endocrine Surgery
 - Vascular Surgery
 - Multiple Sclerosis
- Grew Unique Lives served by 11% over the previous year.

PERFORMANCE

- Increased OR volume.
- Exceeded Rehabilitation Department's pre-COVID outpatient volumes by 9%.
- Increased Outpatient volume (excluding lab) by 10.6% over last year.
- Hired more staff than any other year in our history allowing a reduction of agency costs by \$16.3M.
- Decreased surgical site infections by over 50%.

- Decreased length of stay for Observation patients from 51 hours in 2022 to 30 hours in 2023.
- Increased electroconvulsive therapy volume by 13%.
- Achieved American College of Cardiology quality outcomes:
 - 100% compliance with guideline medications prescribed at discharge, which is above the 90th percentile of all U.S. hospitals.
 - Percutaneous Coronary Intervention (PCI) within 90 minutes (patients with STEMI) 100% compliance, which is above 90th percentile of all U.S. hospitals.
- Achieved improvement in 5 out of 6 value-based hospital-acquired infection indicators.
- Improved patient flow initiatives resulting in improvements in ED (24% decrease) and In-patient (39% decrease) throughput.
- Approved by CMS as a participating provider in the Monmouth County Option Hospital Fee Program to support and ensure the continued provision of healthcare services to low-income residents.
- Secured approximately \$16.7 million in FEMA funding to support operations.
- Negotiated the sale of Applewood Estates and provider agreements.
- Improved turnover rates: System rate 15.5% versus 24.8% in 2022; RN rate 15.2% versus 23% in 2022.
- Achieved the highest Inpatient Experience scores in 5 years resulting in an increased CMS Star Rating.
- Attained the highest outpatient satisfaction score (96.5) in CentraState's history.
- Named to 2023 Fortune Best Workplaces in Health Care list, ranking number 39 nationally among a coveted list of only 40 large companies (1,000+ employees).
- Earned the Emergency Nurses Association's Lantern Award (one of 53 nationally) for demonstrating exceptional leadership practice, education, advocacy and reserch performance.
- Achieved Advanced Palliative Care certification by The Joint Commission for the first time.

- Ranked “high performing” in the treatment of Stroke by U.S. News & World Report.
- Achieved American Heart Association Get With The Guidelines® - Heart Failure GOLD PLUS designation.
- Applewood Assisted Living unit received Advanced Standing Distinction for the 9th consecutive year.
- The Manor was designated as a Best Nursing Home from U.S. News and World Report for four years in a row.
- Received a Bronze Award for the 2023 Antimicrobial Stewardship Recognition Program at The Manor.
- Received Advanced Standing distinction for the 12th year in a row at Monmouth Crossing.
- Received a Most Wired designation from the College of Healthcare Information Management Executives (CHIME) for 13 of the last 14 years, achieving Level 8 (of 10) recognition; an increase over last year’s Level 7 recognition.
- Received The American College of Radiology's Diagnostic Imaging Center of Excellence designation for the third time in a row.
- CentraState received the Gold Award for Antimicrobial Stewardship for the 3rd consecutive year.
- Recognized by the Asbury Park Press as having the most consumer-friendly and easiest to navigate website among Shore-area hospitals for compliance with federally mandated price transparency rules.

POPULATION HEALTH

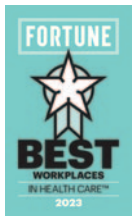
- Achieved 92% flu vaccine compliance.
- Health Awareness Center was awarded several grants ranging from vaccinating vulnerable populations to diabetes prevention and control, and social determinants of health.
- Received \$230K grant for Diversity, Equity and Inclusion.
- Developed a TV and radio commercial to further the “More is Happening Here” image campaign that has achieved increases in preference and awareness as measured by third party research.

INNOVATION

- Decommissioned the Legacy IT system (systems and contracts) resulting in a reduction of \$830K.
- Implemented an automated tracking system to manage the navigation of chemistry samples.
- Developed a scorecard in Epic and PowerBI to help track important metrics including use of order sets, throughput, and time to completion of History and Physical to compare provider performance.
- Reinforced organization’s security measures, including Duo Multifactor Authentication following successful recovery and remediation of cyber incident.
- Completed Compassionate Connected Care 18-month curriculum, which trained more than 1,000 attendees for each of the five modules, including over 100 physicians.

COMMUNITY INVOLVEMENT & OUTREACH

- Amassed 30K working hours through 341 volunteers, which equates to compensation of more than \$1 million.
- Honored 35 CentraState veterans and Monmouth County Sheriff during second annual Veterans Day celebration.
- Facilitated Boy Scouts Good Scout reception honoring former board chair, John Eggert.
- Expanded the lecture and shadowing experience for the Freehold High School Med-Sci Program.
- Provided access to healthy foods to more than 2,000 Freehold residents in collaboration with Neighborhood Connections to Health.
- Organized team member volunteers to serve more than 300 people at a Community Supper hosted by St. Peter’s Church in Freehold Borough.
- Orchestrated a LGBTQ+ Pride flag raising event to reinforce our commitment to creating and maintaining a diverse and inclusive environment.
- Awarded a federal grant of \$615,000 for stereotactic radiosurgery.
- Raised more in philanthropy over the last 2 years than the last 6 years combined.



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